



POC
Products of
Conception

**Instructions for At-Home
Collection of Miscarriage Tissue**

Collection of Miscarriage Tissue

< 8

Less than 8 weeks pregnant
at the time of miscarriage.

The loss may look like heavy
menstrual bleeding and may
include tissue and clots.

8 - 10

8 - 10 weeks pregnant at the
time of miscarriage.

The loss may look like heavy
menstrual bleeding with clots,
possibly pinkish/grayish tissue, and
may include recognizable tissue like
a gestational sac and embryo.



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Collection of Miscarriage Tissue

It is normal for a miscarriage at home to last for multiple hours or even days.

- It is okay to mix samples collected at different times in the collection cup.
- Please store the sample in the refrigerator between collections to preserve the sample.
- Do not worry about deciphering what to include in the collection cup.
Please include as much of the miscarriage tissue as possible and the lab will determine what part of the sample to test.



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Collection of Miscarriage Tissue

If you know in advance that you are going to have a miscarriage, IGNEOMIX can supply you with a collection kit that includes:

For Fetal Tissue Collection

Specimen Cup



Parafilm



Biohazard Bag



For Ruling Out Maternal Contamination

Blood Collection Tube



Buccal Swab



Either a blood or buccal swab sample needs be submitted.
Both samples are NOT required.

*You may have already received this kit from your doctor's office.

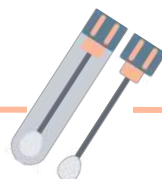


Sample Collection Using the Igenomix Kit



1

Tightly close the sample container, seal the cap with parafilm and place in the biohazard bag



2

Include a maternal DNA sample: either blood or buccal samples. If possible, include a maternal blood sample using the provided tube, and place the tube in the slot provided in the kit

OR

Use the buccal swabs to collect maternal DNA.
Rinse the mouth with water before swabbing the cheeks and gums for one minute



3

Store the sample (blood and/or miscarriage tissue) at 39.2°F – 46.4°F / 4°C - 8°C , until ready to ship.



4

Ship the sample at room temperature with the FedEx label included in the kit.

If the sample is taken on Friday or the weekend, please store the sample at 39.2°F – 46.4°F / 4°C - 8°C and ship on the next business day.

NEVER FREEZE THE SAMPLES

Sample Collection Without the Kit



Use a very clean or even sterile container:

- Fresh Ziploc bag
- Plastic container (such as Tupperware).
- Specimen cup



Use a medical basin or a colander under the toilet seat.

When you receive your specimen cup from Igenomix, you can transfer the sample you collected from your own sterile container or bag at home into the specimen cup.

It is okay to mix samples collected at different times in the single specimen cup.



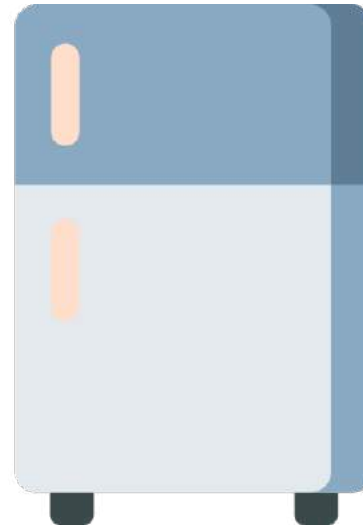
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Storage of the Sample

Please store the sample in the refrigerator between and after collections to preserve the sample.

(NOT THE FREEZER)



This will help preserve the tissue.



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Please remember, you did not cause this miscarriage to happen and unfortunately, there is nothing you can do to prevent a miscarriage.



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The goal of the POC test is to:

1. Determine if there was a chromosomal abnormality in the pregnancy, which may have caused the miscarriage.
2. Help your doctor guide you in options for future pregnancies and/or fertility treatment.



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50

About **50%** of first-trimester miscarriages are due to a chromosome abnormality in the pregnancy.

7

Test results typically take about **7** business days from the time Igenomix receives the sample.

*The POC test cannot detect other causes of miscarriage beyond chromosome imbalances.

Contact Information

For more information, or to request a collection kit,
please contact Igenomix Canada at:

EMAIL: infocanada@igenomix.com

PHONE: 514-669-3869

You may also ask to speak to a genetic counselor for more information about POC testing and to review your results, once available.

